

All foreign workers entering Sarawak must undergo a mandatory medical screening by an approved SAFHIS Medical Facility. Details of the medical screening are as follows:

▼ Complete Medical History

Infectious Diseases

- HIV/AIDS
- Tuberculosis
- Malaria
- Leprosy
- Sexually Transmitted Infections
- Hepatitis B
- Hepatitis C
- Filariasis
- Leishmaniasis

Non-infectious Diseases / Conditions

- Lung Disease
- Heart Disease
- Hypertension
- Diabetes Mellitus
- Peptic Ulcer Disease
- Kidney Disease / Renal Failure
- Cancer
- Epilepsy
- Cerebrovascular Disease
- Major Psychiatric Illness
- Hearing Impairment
- Bronchial Asthma

▼ Physical Examination

General Examination

- Height and Weight
- Blood Pressure
- Pulse Rate
- Chronic Skin Rash
- Anaesthetic Skin Patch
- Deformities
- Pallor
- Jaundice
- Visual Acuity
- Hearing Impairment
- Colour Blindness

Systemic Examination

- Cardiovascular System
- Respiratory System
- Gastrointestinal System
- Nervous System and Mental Status
- Genitourinary System

▼ Laboratory Investigations

Blood

- HIV
- Hepatitis B
- Hepatitis C
- Syphilis
- Malaria
- Filariasis
- Leishmaniasis (*for workers from Pakistan and Sri Lanka*)
- Fasting Blood Sugar

Urine

- UFEME
- Urine for drugs (*opiates, cannabis and amphetamine*)
- Pregnancy (*for female only*)

Others (*only if indicated*)

- Sputum AFB
- Slit Skin Smear
- Serum Creatinine (*if the worker has a history of renal disease, hypertension and diabetes mellitus*)
- Rectal Swab for Salmonella (*for food handlers only*)

▼ X-ray Investigation

- Chest X-ray